Name: Sophie Date: 2022/11/12 Rewrite: Current events article analysis

Write the article title you chose here: Why Taiwanese students aren't getting enough sleep

Now rewrite your responses to the questions in academic paragraph format. Each response must be at least five sentences. Change your answers to blue.

1. Summarize the article of your choice. What is the main idea or opinion? How does the writer explain or support their main idea?

The article "Why Taiwanese students aren't getting enough sleep," written by Charlotte Lin, she explained how students in Taiwan don't get enough sleep because of the amount of homework they have. She supports her main idea by giving evidence, for example, students in Taiwan get 6.9 average hours of sleep when they should have at least eight hours of sleep. Another example she gives is that a lack of sleep can affect a student's ability to remember things which slows down learning. She says that schools can help students get enough sleep by reducing the amount of homework and giving fewer tests. She concludes by saying that she spends five hours a day studying and she doesn't get enough sleep. This causes her to fall asleep in school and not focus in class and when she does that she has to stay up even later to do homework. It's like a cycle that doesn't end.

2. How do you feel about your article of choice? Do you agree with the writer or disagree? Why do you feel this way?

I agree with this article for plenty of reasons. Firstly, giving too much homework can cause stress in students. There are some students who are great at every subject, however not all students work at the same pace. Giving too much homework doesn't make them memorize it better or smarter but it does put pressure on them. Schools always say how they want students get enough sleep, which is eight hours, yet most students spend their time studying and less time sleeping or spending time with family. I agree with the write where she said schools could help by giving less homework and tests. She also explained that when she has too much homework and doesn't get enough sleep, it causes her to fall asleep in school and lack attention. When that happens, she has to stay up later to do homework and tests, however too much doesn't help. Instead, it harms the children's mental health. In conclusion, schools should give just the right amount of homework so we can have enough sleep and focus more the next day.